

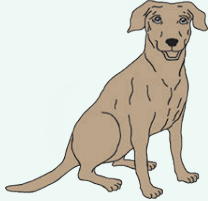
BEAP Pain Scale for Dogs

Many signs of chronic pain are non-specific.

Make sure to see your vet to rule out other diseases as a cause of these signs.



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0 No pain		☐ B: Breathing normally ☐ E: Eyes bright and alert ☐ A: Walks normally on all four legs; no lameness present ☐ A: Engages in play and all normal activities	☐ A: Eating and drinking normally ☐ A: Happy; interested in surroundings and playing; seeks attention ☐ P: Comfortable at rest and during play; perky ears and wagging tail ☐ P: Enjoys being touched and petted; no body tension present
1-2 Mild pain <i>Speak to your vet during your next visit</i>		☐ B: Breathing normally ☐ E: Eyes bright and alert ☐ A: Walks normally; may exhibit very subtle lameness when walking ☐ A: May show first signs of being just a little slower to lie down or rise up (subtle!)	☐ A: Eating and drinking normally ☐ A: Happy and engaged, may seem a little more subdued with some "off" moments interspersed with normal behaviors ☐ P: May show occasional shifting of position; tail may be down just a little more, ears slightly flatter ☐ P: Enjoys being touched and petted; no body tension present
3-4 Moderate pain <i>See your vet to assess pain</i>		☐ B: May pant intermittently ☐ E: Eyes slightly duller in appearance; can have a slightly furrowed brow ☐ A: Noticeably slower to lie down or rise up; may exhibit lameness when walking ☐ A: May be slightly unsettled and more restless; difficulty getting comfortable; shifting weight	☐ A: Appetite more finicky, such as wanting only treats or "people" food ☐ A: Subdued; engages less or does not initiate play ☐ P: Difficulty squatting or lifting leg to urinate, subtle changes in posture; tail more tucked and ears more flattened ☐ P: Does not mind touch except on painful area; turns head to look where touched; mild body tension
5-6 Moderate to severe pain <i>CONCERNING! See your vet</i>		☐ B: Panting often noted, possibly with an increased breathing effort ☐ E: Dull eyes, worried look ☐ A: Very slow to rise up and lie down; hesitation with movement; difficulty on stairs; reluctant to come when called; more obvious lameness ☐ A: Not eager to interact but may be in tune with surroundings; obvious lameness when walking; may lick painful area	☐ A: Will frequently lose appetite ☐ A: Anxious or restless; unable to settle or sleep well ☐ P: Abnormal weight distribution when standing; difficulty posturing to eliminate; arched back, tucked belly, head hanging low; tucked tail; frequently shifts positions; ears more flattened ☐ P: Pulls away painful area when touched; moderate body tension when being touched
7-8 Severe pain <i>VERY CONCERNING! See your vet</i>		☐ B: Faster breathing rate with more noticeable effort; frequent panting episodes common ☐ E: Dull eyes, may also have distressed look ☐ A: Obvious difficulty rising up or lying down; will not bear weight on affected leg; avoids stairs; obvious lameness ☐ A: Avoids interaction with family or environment; will often "go off" or hide; may frequently lick painful area	☐ A: Loss of appetite; may not want to drink ☐ A: Agitated, fearful, worried, reclusive, potentially aggressive ☐ P: Tail tucked, ears flattened or pinned back; abnormal posture when standing; more hesitant to move or stand ☐ P: Significant body tension when painful area touched; may vocalize in pain; guards painful area by pulling away or changing position
9-10 Worst pain possible <i>EMERGENCY! See your vet</i>		☐ B: Panting; increased breathing rate and effort ☐ E: Dull eyes; may have panicked look ☐ A: May refuse to get up; may not be able to (or willing to) take more than a few steps; will not bear weight on painful limb ☐ A: Difficulty in being distracted from pain, even with gentle touch or soothing voice	☐ A: No interest in food or water ☐ A: Extremely depressed or minimally responsive ("flat out"); may vocalize in pain; in distress at rest ☐ P: Prefers lying position or being on side; flat or pinned ears; may prefer to be very tucked up or stretched out ☐ P: Severe body tension when touched; will not tolerate touch of painful area; becomes fearful when other areas that are not painful are touched

Specific behaviors or physical changes I see:

Breathing:	_____	Appetite:	_____
Eyes:	_____	Attitude:	_____
Ambulation:	_____	Posture:	_____
Activity:	_____	Palpation:	_____